

FISD Sprint Kickoff

Date: October 5 & 6

Location: Friendswood Aquatic Center

1115 Falling Leaf
Friendswood, Tx 77546
(281) 992-2505

Time: Diving (6 dive list, required dive-front dive)

Friday, October 5

Warm-up 3:30 pm

Competition 5:00 pm

Girls and boys combined

Swimming:

Saturday, October 6

Warm-up 7:45 am (assigned warm-ups, Clear Brook, Clear Springs, Friendswood at 7:45,
Alvin, Clear Creek, Clear Lake at 8:20)

Meet starts 9:00 am (**Tell your parents not to park on Falling Leaf or Pride**)

Events: (1-2) Diving
(3-4) 100 Medley Relay
(5-6) 50 Free
(7-8) 50 Back
(9-10) 100 Free
(11-12) 50 Breast
(13-14) 50 Fly
(15-16) 100 Free Relay

Entries: Swimmers may swim all individual events and teams may enter a maximum of 4 relays. There is no entry limit as far as total swimmers entered (bring all you wish).

Scoring will be to 16 places. Only the top 4 finishers score individually from each team and the top 2 relay finishers from each team score.

Meet Regulations: UIL and National Federation rules will govern the meet with the exceptions above as far as entries.

Relays starts will be without blocks off the bulkhead, off the blocks at the regular starting end.

Entries due Tuesday, October 2nd. Fax diving sheets to (281) 996-2523 or scan and email them.

Use Hy-Tek, send entries to

Entry fee \$100 per school, make checks payable to **FMBC**, mail to , Friendswood High School
702 Greenbriar Friendswood, Tx 77546, or bring them to the meet.

First place plaque for girl's team and boy's team.