

Clear Creek Wildcats

Water Polo Try outs

Date: January 14th and 15th

Time: 3:00 – 4:30

Where: Clear Creek High School Pool

Try outs will consist of:

January 14th, 2019

1. 1000 yard swim set
2. Evaluation of treading and strength in water
3. Evaluation of passing and catching mechanics
4. Evaluation of agility and body position in water

January 15th, 2019

1. Evaluation of game concepts during controlled scrimmage.

Requirements to Try Out:

1. Athlete must have a completed physical on file with training staff
2. Athlete must currently be academically eligible.
3. Athlete must have a NFHS approved swim suit.
4. Athlete must have participated in a CCHS sponsored UIL athletic activity during the fall semester. Water polo is a secondary sport, not a primary sport.

Please contact Coach Halford in room E-170 or in the pool if you have any questions.